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Home Care Assistance Honors Family Caregivers for their Dedication and Contributions to Society

Hundreds of thousands of women juggle caring for a loved one, their children and working to support their families

(Dayton, Ohio – May 7, 2018) [Home Care Assistance](#), Dayton's premier home care provider, supports and admires the contributions that women caregivers make in at home and in the workplace. Around the world women are the predominant providers of both formal and informal care. According to the National Alliance for Caregiving, 66% of caregivers are women and 20% of all female workers are family caregivers.

"At Home Care Assistance, we are proud to employ female caregivers who truly have a passion for making a difference in the lives of seniors," says Mark Febus, Owner of Home Care Assistance of Dayton. "We also recognize that caregiving is not an easy task, and value the dedication our caregivers demonstrate to our client's each and every day."

Home Care Assistance conducted a national study among 160 caregivers on the emotional toll of caring for a loved one with dementia. The majority of the randomized sample of dementia caregivers were women. The study found that many women are suffering from a variety of serious implications from caregiving. Some of the most interesting findings were:

- Female dementia caregivers are 26% more likely to suffer from caregiver burnout than male dementia caregivers
- Female dementia caregivers are twice as likely to feel stressed from their caregiving responsibilities than other caregivers
- Female dementia caregivers who care for a loved one with dementia were 61% more likely to feel extreme guilt than those caring for family members without dementia
- 38% experienced stress from juggling work and caregiving responsibilities

Professional at-home caregivers who are specifically trained to work with those who suffer from dementia and Alzheimer's disease present a significant solution in ensuring caregivers remain healthy. Home Care Assistance makes accommodations to support employees who are struggling to balance work, life and caregiving responsibilities.

To find out more about Home Care Assistance of Dayton, please visit www.HomeCareAssistanceDayton.com or call 937-353-7997 at any time. Home Care Assistance of Dayton is located at 6109 Far Hills Avenue, Dayton, Ohio 45459.

About Home Care Assistance

[Home Care Assistance](http://www.homecareassistance.com) is the leading provider of home care for seniors across the United States, Canada and Australia. Our mission is to change the way the world ages. We provide older adults with quality care that enables them to live happier, healthier lives at home. Our services are distinguished by the caliber of our caregivers, the responsiveness of our staff and our expertise in daily care. We embrace a positive, balanced approach to aging centered on the evolving needs of older adults. A 2018 Franchise500®, Inc. 5000 Company and one of the [50 fastest growing women-owned companies worldwide in 2017](#), Home Care Assistance has received numerous industry awards including Entrepreneur's Fastest-Growing Franchises and Franchise Business Review's Top 50. The company was recognized as a [2018 Endorsed National Provider](#) by the home care industry's leading research firm, Home Care Pulse. Home Care Assistance CEO Lily Sarafan was also named Health Care Executives' [2016 Woman of the Year](#). For more information about Home Care Assistance, our services and franchise opportunities, visit <http://www.homecareassistance.com>.